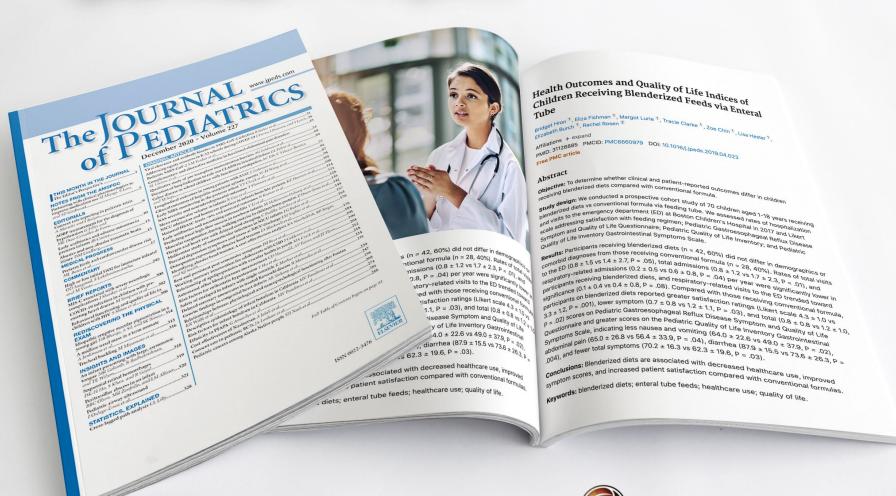
WHY BLENDERIZED WHOLE FOOD DIETS

A Look at Recent Clinical Research

Conclusions: Blenderized diets are associated with decreased healthcare use, improved symptom scores, and increased patient satisfaction compared with conventional formulas





HEALTH OUTCOMES AND QUALITY OF LIFE INDICES OF CHILDREN RECEIVING BLENDERIZED FEEDS VIA ENTERAL TUBE

— Journal of Pediatrics, May 2019 —

ABOUT THE STUDY

Location:

Aerodigesive Center, Boston Children's Hospital

Design:

- Prospective Cohort
- N=70 Children (1-18) requiring enteral feeding
- Blenderized diets vs Conventional formula

End Points:

- Rate of Hospitalization
- Visits to Emergency Department
- Satisfaction with feeding regimen
- Pediatric Gastroesophogeal Reflex Symptoms
- Quality of Life Questionaire
- Pediatric Life Inventory
- Pediatric Quality of Life Gastrointestinal Symptoms

Investigators:

Brigit Horn, MD, Eliza Fisher, BA, Margot Lurie, BA, Tracie Clark, MS, Zoe Chin, CPNP, Lisa Hester, CPNP, Elizabeth Burch, CPNP, and Rachel Rosen, MD

FINDINGS

Conclusions:

Blenderized diets are associated with decreased healthcare use, improved symptom scores, and increased patient satisfaction compared with conventional formulas

Results demonstrated superior clinical outcomes in children receiving Blenderized diets.

Blenderized Patients had...

- Significantly lower total Emergency Dept. Visits
- Significantly lower Total Hospital Admissions
- Significantly lower Respiratory related admissions/year
- Greater Satisfaction
- Lower Symptom and total scores on PDQoL
- Better Quality of Life

...and importantly, a significant reduction in Healthcare Usage /overall healthcare system cost.

To download the full study visit: www.jpeds.com/article/S0022-3476(19)30443-3/fulltext

BLENDERIZED N=42

N=9

N=17

N=11





Liquid Hope

N=3

Real Foods

N=2

PRODUCTS USED

CONVENTIONAL N=28

N=16 Elemental

N=10 Std Milk-based

N = 02 Multiple Formulas