# CASE STUDY





## CASE REPORT PROVIDED BY:

RHYA PACHIN MS, RDN, LDN, CLT

#### PATIENT HISTORY:

**Chief Diagnosis:** 

FTT

Secondary Diagnosis:

Hypotonia, laryngomalacia, and epilepsy

#### CASE HISTORY:

- Reason for tube feeding: Dysphagia
- Sole source of nutrition
- Patient has been tube fed for 2 years

#### **NUTRITION MANAGEMENT:**

- · Type of previous formula: Milk-based polymeric children's formula
- Intolerances/reasons for switching:
  - Reflux
  - Vomiting
- Reasons for choosing Nourish Peptide:
  - Intolerance to other formulas
  - Dairy sensitivity
  - Complex carbohydrate sources vs. refined sugars
  - History of gut dysbiosis and malabsorption
- Additives/supplements to Nourish Peptide:
  - Multivitamin with cofactors to support neurodevelopment
  - Liquid electrolyte concentrate (Na, K, and Mg) 1/2 tbsp per day diluted in 8 oz of water

METHOD OF	AMOUNT	FEEDING
DELIVERY	PER DAY	RATE
Bolus feedings via syringe	1040 mL	If episodic: 260 mL per feed x 4 feedings/day

### INSIGHTS:

- · Patient's bowel patterns regulated since starting Nourish Peptide
- Patient success achieved with improvement in symptoms across multiple measures
- Nourish Peptide is an excellent wholefood, plant-based alternative to standard formulas especially for those with allergies
- Patient will continue on Nourish Peptide with plans to transition to Keto Peptide
- Nourish Peptide will continue to be used more broadly across our center

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