# LIQUID HOPE

# CASE STUDY



# PATIENT HISTORY:

# **Chief Diagnosis:**

- · Sepsis secondary to gastroenteritis with profuse diarrhea
- · Multiple organ system failure

## Secondary Diagnosis:

Ischemic colitis

#### CASE HISTORY:

- · Reason for tube feeding: Intubation
- · Sole source of nutrition
- Nasogastric tube feeding for ~3 months prior to trial of Liquid Hope Peptide

# **NUTRITION MANAGEMENT:**

- · Type of previous formula:
  - Whey/casein-based renal polymeric formula + soluble corn fiber modular
  - Whey/casein-based diabetes specific 1.2 kcal/mL polymeric formula + soluble corn fiber modular
  - Whey peptide-based high protein/low fat formula
  - + banana flakes fiber modular
  - All formulas provided via continuous feeding pump over 18-24 hours at the rate of 40-75 mL/hr

#### Intolerances/reasons for switching:

- Constant diarrhea (Bristol Stool Type 7) despite multiple formula changes and addition of 2 different fiber modulars providing up to 45 additional grams of fiber/day
- Difficulty in stabilizing glucose levels despite medications
- Transitioning to Liquid Hope Peptide:
  - Previous formula as well as additional fiber modulars discontinued and Liquid Hope Peptide started continuously and transitioned over 2 weeks to intermittent feeds
  - Nursing massaged Liquid Hope Peptide pouch prior to pouring into the feeding bag

# Additives/supplements to Liquid Hope Peptide:

- NaCl (0.5 mg) tablet daily (due to hyponatremia)
- Protein modular (beef collagen hydrolysate):1 packet/day

# INSIGHTS:

- Patient's bowel patterns have been regulated (Bristol Stool Type 4), with no added fiber modulars, since starting
  Liquid Hope Peptide
- · Patient had weight stability and blood sugar stabilization on Liquid Hope Peptide
- · Positive staff reports based on reduced workload as a secondary benefit from reduced stooling frequency
- A seamless transition to Liquid Hope Peptide with GI improvement based on the Bristol Stool Score after several different formulas + fiber modulars had failed to improve GI symptoms
- · Patient will continue to use Liquid Hope Peptide with plans to transition to a subacute rehabilitation facility
- · High satisfaction from the use of Liquid Hope Peptide from both the patient's family and clinical staff

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